Senior Health Checklist: Dog

Dogs enter their senior years at approximately 8 years of age (or 6 years of age for large breed dogs (over 25kg)) and health problems become more common. In general, the earlier a problem is detected, the better the chances of us managing the problem successfully. Please fill out this questionnaire to help us provide your dog with the best possible care.

Please complete the following checklist for your dog's appointment. Dog's name: Date: Age: Breed: (✓) Please check all that apply to your dog: BEHAVIOURAL/NEUROLOGICAL ☐ Is not himself/herself ☐ Interacts less with the family ☐ Seems confused or disoriented ☐ Barking or howling for no reason ☐ Changed sleeping patterns ☐ Tremors or episodes of shaking **BODY FUNCTIONS** ☐ Bad breath or red swollen gums □ Difficulty chewing □ Eating habits have changed ☐ Gained/lost weight (circle one) ☐ Drinking more water than usual ☐ Urinating more frequently than usual ☐ Loss of house-training ☐ Urinary incontinence ☐ Vomiting, diarrhoea, constipation, straining (circle all that apply) ☐ Trouble with vision and/or hearing

ACTIVITY/ORTHOPAEDICS	
	Change in activity level
	Rises from rest with difficulty
	Hesitates to climb up and down stairs
	Tires easily and lags behind on walks
	Suffers stiffness, especially after resting
	Reluctant to play or run around
	Shows pain when I touch certain body parts
	Shows signs of lameness or limping
	Signs of pain
SKIN AND COAT	
	Scratches, licks, or chews excessively
	Changes in coat or skin
	New lumps or bumps
	Skin or ears have an odour
HEART/LUNGS	
	Coughing
	Panting more often
	Tires more rapidly or seems short of breath
Current dietary information	
What foods and treats do you currently feed your dog?	
How often and how much?	

Do you have any specific questions or concerns about your dog?

Veterinarian recommendation
Recommended diet:
Feeding amount:
Dry: gm per day/cups per day
Canned: cans per day
To be divided into meals per day
Veterinarian comments:
Next appointment:
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